

News Briefs

EMCC pre-registration

East Mississippi Community College fall 2006 pre-registration and orientation is from 8:30 a.m. to 2:30 p.m. today at the EMCC office in Building 916. People will have the opportunity to meet with an academic advisor and sign up early for both distance learning and on- base classes for fall 2006. Classes begin August 17. For more information, call Ext. 2660 or e-mail rsanders@eastms.edu or jnewton@eastms.edu.

Active duty appreciation sale

The Columbus commissary's active duty appreciation sale is from 6:30 to 10 p.m. today. The store will offer exceptionally low prices on some grocery, meat and produce items, such as cereal, dog food, soda, charcoal, tissue and snack. There will be free food and drinks, as well as several drawings for prizes. This sale is only available to active duty, reserve and national guard ID card holders and their dependents. For more information, call the store at Ext. 7109.

Welcome Home event

All BLAZE TEAM members are invited to show their appreciation for the most recently returned deployed servicemembers at the 14th Flying Training Wing Welcome Home celebration at 4:30 p.m. Tuesday with food, drinks and prizes at the Columbus Club. For more information, call Ext. 2500.

Bowling center closure

The bowling center will be closed Monday through Thursday for ceiling tile replacement. The center will reopen July 21. The snack bar, lanes and the burrito delivery truck will not operate during the closure. For more information, call the center at Ext. 2426.

14th Medical Group closure

All 14th Medical Group clinics will close at 1 p.m. Thursday for a formal unit function, honoring it as the top performing small clinic in the Air Force. The clinics will resume normal hours of operation at 7:15 a.m. July 21.



Senior Airman Cecilia Rodríguez

A T-1A Jayhawk takes off from the newly repaired 12,000-foot center runway Thursday morning.

Center runway reopens 33 days early

Airman 1st Class Alyssa Miles
14th Flying Training Wing

Columbus AFB officials reopened the base's center runway Monday in a formal ceremony after a four-month long, \$8 million renovation project.

The project, which was originally scheduled to take nine months, was completed in less than half the time due to the many efforts of the base and the local community.

"Our team set state records in putting the equipment down," said Col. Mark Baker, 14th Flying Training

Wing vice commander. "A lot of equipment was able to be pre-positioned since we were working with a community partner. As soon as we were able to give them access to the runway to come in and make it happen, they were able to turn that over and get it up and running."

This is the fourth time Columbus AFB has repaved the 12,000-foot runway since 1967 and Ashland Paving and Construction, Inc. has assisted with all four projects. APAC of

Mississippi doubled the amount of equipment on site and brought in

additional equipment to increase lay down capabilities from 40 to 50 percent.

APAC also set state records for: laying an 8.1 mile-long, 5,009 ton stretch of asphalt in one day with only one crew; paving 24,000 tons of reclaimed asphalt pavement milling in five days, covering 321,322 square yards; paving 5,600 tons of reclaimed asphalt pavement milling in one day; and paving 20,798 tons of reclaimed asphalt pavement milling in six days.

See **RUNWAY**, Page 2



Courtesy photo

Lt. Col. Robert Germann, 14th Civil Engineer Squadron commander, Maj. Keith Kenne, 14th Contracting Squadron commander, Capt. Kevin McMahon, 14th Security Forces Squadron operations officer, Lt. Col. Bill Sherman, 14th Mission Support Group commander, Col. Mark Baker, 14th Flying Training Wing vice commander, Col Eric Theisen, 14 Operations Group commander, and Leon Ellis, Ellis Construction Co. president, prepare to reopen the center runway during a ribbon-cutting ceremony Monday.

RUNWAY

(Continued from Page 1)

The project was procured using Indefinite Delivery, Indefinite Quantity Base wide paving contract with Ellis Construction Company through the 14th Contracting Squadron to complete the 12,000 foot center runway. The 14th Security Forces Squadron, in conjunction with Ellis Construction, installed a temporary gate closer to the project site, saving about 30 minutes per vehicle, per load while relieving congestion of main gate traffic. Contractors worked around the clock with continued efforts to seek ways of decreasing downtime due to

costs associated with the runway being closed.

With the reopening of the runway, pilots can expect a smoother operational progression.

"We have certain operations for the three runways and having the center one closed put a damper on our operations," said Col. Eric Theisen, 14th Operations Group commander. "Having all our runways open is really going to increase our efficiency."

This project was one of the largest recycling projects on Columbus AFB. All demolition material removed from site has been or is in the process of being recycled.

14TH FLYING TRAINING WING DEPLOYED

As of press time, **45 BLAZE TEAM members** are deployed worldwide.

Remember to support the troops and their families while they are away.



ACC releases details on Shaw F-16 crash

LANGLEY AFB, Va. — An F-16CJ Fighting Falcon pilot ejected from his aircraft over the Atlantic Ocean April 5 after experiencing a gravity-induced loss of consciousness and awaking to find his aircraft in an unrecoverable dive, according to an Air Combat Command report released today.

The pilot suffered serious injuries during the high-speed ejection, which took place while the aircraft was traveling in excess of 750 miles per hour. The aircraft, assigned to the 20th Fighter Wing at Shaw AFB, S.C., crashed into the ocean approximately 80 miles northeast of Charleston, S.C.,

and was destroyed. The cost of the aircraft loss is estimated at nearly \$23 million.

At the time of the incident the pilot was performing a high-gravity maneuver during a basic fighter maneuver training mission.

The investigating officer concluded there was substantial evidence that physical fatigue from flying five high-G sorties in three days, an extended layoff from flying and the mental stress associated with his instructor pilot upgrade training were contributing factors to the pilot's loss of consciousness. *(Courtesy of Air Combat Command Public Affairs)*

SILVER WINGS

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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CAFB youth receive glimpse into deployment



Master Sgt. Terry Patterson, 14th Medical Operations Squadron, teaches youth about the importance of cleanliness in deployed environments during last year's PDF Jr. event.

Airman 1st Class Alyssa Miles

Senior Airman Cecilia Rodriguez
14th Flying Training Wing

Children of both military and civilian BLAZE Team members will receive an interactive education on the expeditionary Air Force during Personnel Deployment Function Junior from 7:45 to 11 a.m. July 26.

"The goal of the PDF Jr. Program is to decrease children's stress about deployment," said Tech. Sgt. Jamey Coleman, Family Readiness NCO. "We want to show them ways the Air Force takes care of their parents while their away."

People throughout the base have volunteered to spend the morning familiarizing youth with the lifestyle of a deployed Airman.

Children will receive IDs and dog tags through a processing line, learn about safety at deployed locations, explore a mobility bag, witness communications and working dog demonstrations and meet the wing commander.

"This is a fun program for the children and a great way for the Base to reach out to the younger members of our Air Force Family," Sergeant Coleman said.

Registration for this free program is limited. Parents can register ages 6 to 12 by calling Ext. 2790 by 4 p.m. July 20.

Officials encourage purchase of renters insurance

Steven Donald Smith
American Forces Press Service

WASHINGTON — With hurricane season in full-swing, military officials are encouraging servicemembers who don't own their own homes to purchase renters insurance to protect their personal property.

"Hurricane season is now upon us. We urge you, particularly if you live in an area prone to nature's fury, to examine how prepared you are to protect your

family financially," Air Force Secretary Michael W. Wynne stated in a recent letter to airmen regarding personal financial management.

Secretary Wynne said one of the lessons learned from the 2005 hurricane season is that it is important to assess insurance needs sooner rather than later.

"Too many of our teammates, including retirees, were caught unprepared and now are bearing an avoidable financial burden," Secretary Wynne said. "All Air Force members, whether living on base

or off, should consider their family's needs for adequate personal property (renters) insurance."

Wynne said Airmen should make a detailed inventory of their personal property and also should consider purchasing flood insurance, which is not part of standard homeowner or renter insurance policies.

"Chance favors the prepared," he said.

Most insurance policies cover renters of all types, including those living in apartments, dorms or base housing.

Servicemembers having personal financial safeguards, such as renters insurance, in place helps the military meet its responsibilities, because such planning prevents distractions to military members, Wynne said.

"Although we often see our professional life in a very disciplined way, we sometimes don't realize how our personal well-being affects our job performance," he said. "When your personal life is in order, you are a better warfighter for the joint team."

In Focus

Maj. John Isakson
43rd Flying Training Squadron



Job Title: Assistant Check Flight Commander, T-37 Instructor Pilot
Time at Columbus AFB: 6 years

Time in Service: 15+ years

Hometown: Pierce, Colo.

Family: Wife Melissa and children Loren, Grace, Jacob and Eli
Favorite Musical Artist: Chris Tomlin, Mac Powell

Favorite Movie: End of the Spear
Pet Peeve: My children leaving toys in the driveway

Bedside Book: Blue like Jazz
Inspirations: My Father

Small-diameter munition enters AF inventory

Airman 1st Class Michael Hess
48th Fighter Wing

RAF LAKENHEATH, England — Airmen from the 48th Munitions Squadron here have been trained on the handling procedures for the first small-diameter munition to enter the Air Force inventory. The Airmen are the first to handle the weapon in an operational environment.

"This is the first time an Air Force fighter has carried the small-diameter munition, and it's an honor to be on the first team to take it downrange," said Master Sgt. Perron, 48th MUNS conventional maintenance supervisor.

The instructors from Ramstein Air Base, Germany, taught two groups of Airmen here, including instructors from Detachment 16 of the 372nd Training Squadron. Those instructors will teach 48th MUNS Airmen as the munitions become commonplace in the RAF Lakenheath inventory.

The introduction of a new weapon isn't a small feat, according to Sergeant Perron.

"This is the first time I have been part of a weapon introduction, and I've been in for 25 years," said Sergeant Perron, who has deployed six times since Operation Desert Storm.

The Ramstein instructors are part of the initial validation-verification process, which ensures the plans on paper match properly with the materials and tools.

"I am here to ensure the unit gets the



U.S. Air Force photo

Airman 1st Class Mark Sturtevant, 48th Munitions Squadron, trains on the new munitions release unit at Royal Air Force Lakenheath, England. This is the first time Airmen conducted operational training on the munition for their scheduled deployment in September.

training, tools and equipment to deploy," said Senior Master Sgt. Brian Peters, U.S. Air Forces in Europe Headquarters superintendent of conventional munitions.

Based on their training, munitions Airmen are impressed with the new system.

"This is a great weapon for us on the

ground. It's the ease of it. It requires less manpower. It requires less maintenance. When you are on the fighting front that's important," said Tech. Sgt. Corey Hammond, 48th MUNS production supervisor whose deployment in September is his fourth. "I feel fortunate for this opportunity. I feel like a true pioneer."

AF accepting PA applications

RANDOLPH AFB, Texas — The Air Force is taking applications from active duty enlisted Airmen for Physician Assistant Phase I training classes beginning January, April and August 2008.

Completed applications must arrive at HQ AFPC/ DPAMW, 550 C Street West, Suite 27, Randolph AFB TX 78150-4729 no later than Jan. 26. Incomplete applications or those received after the cutoff date will be returned and will not meet the selection board, according to AFPC officials. To be eligible, applicants must:

— Be on active duty in the grade of E-3 through E-8 with a minimum of two years and a maximum of 14 years active military service as of Aug. 31, 2008.

— Meet age limitations specified in Air Force Instruction 36-2005 for appointment as second lieutenants in the Biomedical Sciences Corps (less than 42 years of age upon completion of Phase II training.)

— Must take the Scholastic Aptitude Test within four years of the board date, with a minimum math score of 450 and a composite score of no less than 950 in the in the old version or a minimum composite score of 1,425 in the newer version.

— Have a minimum general score of 80 points on the Armed Services Vocational Aptitude Battery or Air Force Classification Test.

— Sixty semester hours of transferable college credits and a grade point average of 2.5 or better on a 4.0 scale. Twenty-nine of these semester hours must be actual in-classroom courses at an accredited college or university. A combined minimum 3.0 GPA is required in the math and science courses. Thirty-one semester hours may be met from CLEP, CCAF, DANTES, USAFI correspondence courses, end-of-course test, or specific subject examination.

In Focus

Carolyn Cooper
37th Flying Training Squadron



Job Title: Secretary
Time at Columbus AFB: 26 years
Total Government Service: 29 years
Hometown: Selma, Calif.
Family: Husband Ray Cooper
Favorite Musical Artist: Trisha Yearwood (female) and George Strait (male)

Favorite Movie: Haven't seen a movie in a theater in so long
Pet Peeve: I hate it when a driver leaves their headlights on and you're driving in the opposite direction

Bedside Book: A romance novel
Inspirations: A rainbow after a storm, the first flowers in spring, a new baby (human or animal)

Personal Motto: Smile, be happy and do the best you can, and if you can, help someone along the way

Lightning II makes its debut



Tech. Sgt. John Cumper

Air Force Chief of Staff Gen. T. Michael Moseley announces the name, Lightning II, selected for the new Lockheed Martin F-35 during the inauguration ceremony at the Lockheed Martin plant in Fort Worth, Texas, on July 7.

New 'Doc' in town



Senior Airman Cecilia Rodriguez

The new 14th Medical Group optometrist, Maj. Benjamin Franklin, is the only active-duty optometrist who is also a rated military aviator. To book an appointment with the major, call Ext. 2331. Patients should note that all corneal refractive surgery follow-ups are on hold until backlog of routine exams are completed.

View from the Top: The First Year

Gen. William R. Looney III
AETC commander



RANDOLPH AFB, Texas
— Recently, I celebrated my first anniversary as a member of the Air Education and Training Command team. During this time, we've faced a number of challenges and achieved tremendous success fulfilling our mission to develop America's Airmen today for tomorrow.

Shortly after I arrived, Hurricanes Katrina and Rita devastated Keesler and a large portion of the Gulf Coast region. Instantly, I was amazed by your willingness to roll up your sleeves, jump in, and help those overpowered by these destructive storms. From performing heroic rescues to delivering emergency medical care to providing safety and security, First Command Airmen made a difference.

Despite heavy damage to its infrastructure, the arduous task of rebuilding Keesler was quickly underway, thanks again to your efforts. In fact, just days after Katrina wrought unspeakable destruction on the Biloxi and Gulfport areas, Keesler was back in business, training Airmen in critical career fields to keep our Air Force strong in the Global War on Terrorism.

Even through our recovery efforts, First Command Airmen remained focused on our mission, taking AETC to new heights in the process.

Our recruiters smoothly shifted efforts to help the Air Force meet our congressionally mandated end-strength, bringing in over 20,000 new enlisted and officer personnel in the process. In addition, Basic Military Training graduated over 22,000 enlisted personnel and restructured the course to match a typical AEF cycle in order to provide our new recruits more readiness and combat skills instruction. Along with their BMT accomplishments, in the arena of initial and advanced skills training, 2nd Air Force and their technical training units graduated nearly 190,000 students.

Execution of the flying mission was outstanding! The organizations of the 19th Air Force flew nearly 560,000 hours, graduated 1,259 pilots and almost 20,000 new aircrew members. Additionally, the modernized avionics and glass cockpits in the T-6A and T-38C, combined with the stand-up of the F-22A Raptor training program at Tyndall AFB, allowed AETC-trained pilots to become combat ready and continue our tradition of air dominance.

All along, Air University continued to be a recognized pillar of excellence, providing educational opportunities to over 179,000 graduates via residence and distance learning programs.

All total, AETC recruited, trained, and educated more than 432,000 Airmen for our Air Force and the joint commanders during our first year together. And you accomplished all of this while deploying 3,822 AETC Airmen to fight the GWOT.

Marilyn and I have had the opportunity to visit all of our installations and meet the magnificent men and women who make up AETC. At each and every stop, we are awed and overwhelmed with the dedication, commitment, and performance of our Airmen and their families. It is so obvious that the strength and foundation of AETC is our people. Your commitment to integrity, service, and excellence keep us the recognized world center of excellence for training and education. And you—the Airmen of the First Command—are the key in making AETC a “command of choice.”

Let me also take this opportunity to thank all our family members for their unwavering support and sacrifice. Without you, we would not be the world's greatest Air and Space Force!

With all we've done so far, I'm excited to begin my second year as your commander, and look forward to even greater accomplishments as we continue to deliver unrivaled education and training to the greatest Air and Space Force the world has ever seen. It's my great privilege and honor to serve with you as we develop America's Airmen today ... for tomorrow.

Lead, follow, get out of the way

Chief Master Sgt. John Gebhardt
22nd Medical Group

MCCONNELL AFB, Kan. — My first Air Force lesson 27 years ago was “lead, follow or get out of the way.”

A great deal has changed over the years but not the basic principle of leading or following every day. What has changed is we no longer have the luxury of allowing any Airman to get out of the way.

Ask yourself throughout the day if you are leading or following and improving the mission or people. If your are not doing either you have decided to get out of the way. Shame on you and the supervisor who allows this to happen. Now more than ever Airmen and America needs you leading and following, every day.

Our quest for more leaders and followers has expanded to higher expectations from everyone — every rank, including dependents and community members. The responsibilities of our newest Airmen have grown rapidly over the past years, and they have exceeded expectations.

The confidence of our general officers and commanders manifests itself in faster promotions, higher mission achievements and improved education, both professional military education and formal degree programs.

For the past 16 years we have been engaged in deploying Airmen within the air expedi-

tionary force construct. Our Air Force has increasingly required better trained, educated and fit Airman to accomplish the mission right here, right now.

United as a team we must accomplish both mission requirements and take care of each other. From airman basic to colonel, everyone must both lead and follow many times during a day's work.

Ask yourself in every task if you're leading or following with the best of your ability, motivation and positive attitude completing the task at hand. The days of getting out of the way are no longer an option.

Take time every day to reach out and build stronger relationships and teams, improve skills and always keep an eye out to ensure no co-worker falls behind or gets out of the way. If by chance someone falls behind, pull them back up with the team. Be a great wingman first and foremost.

World circumstances require all Airmen to stand as one, completing mission requirements and developing our No. 1 resource — our people. Greater agility, leadership, involvement, versatility and education from each Airman are required.

In essence, with our smaller numbers we must be capable and vigilant to meet our wing's mission; there are no spectators in the war on terrorism.

Commemorating history Beginnings of the United States Air Force

Capt. Colin Burchfield
14th Medical Operations Squadron

While the United States Air Force was not officially designated as a military branch until 1947, the role of flight as an important component of the military began soon after Orville and Wilbur Wright's first flight in 1903.

In the beginning, the role that aviation would play was unclear. Still, the technological advances and its performance during World War I demonstrated airpower's potential for the future; though, there was widespread disagreement as to how it would best be organized and used.

Some thought that, in order to be properly developed and used to its fullest capabilities, military aviation would need to be separated from both the army and the navy. Others were concerned that doing so would threaten the coordination of ground and air forces.

These differences of opinion resulted in a number of successive changes in the status of flying in the military. First, in 1907, military aviation had a dedicated representation in the form of the Aeronautical Division of the U.S. Army Signal Corps. In 1918, the Aeronautical Division was reorganized and renamed the Army Air Service. With the Army having a clear history of aviation in its branch of service, the Navy followed suit — in 1921 it started its own Bureau of Aeronautics. Then, in 1926, the Army Air Service was reorganized into the Army Air Corps.

Another reorganization occurred in 1941, resulting in the U.S. Army Air Forces.

During World War I, aviation technology developed rapidly. However, the army was reluctant to use the new technology and began to stunt the development of this potentially valuable force. At this point, air corps senior officer Billy Mitchell began to campaign for an independent air corps. Unfortunately, his campaign offended many and Mitchell was court martialed in 1925, effectively ending his career. Mitchell's followers, including future aviation leaders such as Henry “Hap” Arnold and Carl Spaatz, saw the lack of public, congressional and military support that Mitchell received, and decided that America was not ready for an independent air force. Under the leadership of its Chief of Staff Mason Patrick and, later Arnold, the air corps worked quietly to prove its worth until the time to fight for independence arose again.

The General Headquarters Air Force was established at Langley Field, Va., in 1935. As a result of restructuring, all army combat aviation was placed under a single command for the first time. The restructuring was a revolutionary change in the organization of the Army Air Corps, essentially creating an autonomous component of the army dedicated to the air services. This was the first real step toward creation of a separate and independent U.S. Air Force.

Hap Arnold knew that the only way to achieve independence would be to first establish a successful record for aviation during World War II. He made an agreement with Army Chief of Staff General George C. Marshall



U.S. Air Force Photo

A scene taken from Gen. William "Billy" Mitchell's court-martial, 1925.

that the Army Air Forces would operate autonomously during the war; and when it was over, it would be made independent. In March 1942, the War Department released Circular 59, War Department Reorganization, which defined the Army Air Forces as an autonomous command within the army. The only problem was that Circular 59 was due to expire six months after the end of the war, making it only a temporary solution.

On July 21, 1943, the War Department Field Manual 100-20, Command and Employment of Air Power, was published. This publication stated that air and ground forces were equal and “gaining air superiority is the first requirement for ground success.” Some army officials at the time referred to it as “the Army Air Forces’ Declaration of Independence.”

Postwar studies lauded aeronautical successes, notably in the bombing arena. The nuclear bombs dropped in the final days of the war offered a new view of the future of warfare. They were a good argument for keeping a fully operational air force prepared to deliver such bombs on a moment's notice, ending a war before it could begin.

Hap Arnold, ill from the stress of the war, retired on February 15, 1946. He saw his USAAF reduced from a strong force of 2,253,000 military personnel on V-J day down to only 303,600 in May of 1947. Still, he had promoted a War Department proposal for a “Department of Armed Forces” that was presented to the U.S. Senate in October 1945. The proposal called for all the military

service branches to be unified under one commander. Arnold supported this plan because he wanted aviation to be equal to ground and naval operations and saw this as the best way to obtain this result. In late 1945, President Harry Truman called for legislation on the matter. There was no mistaking his wishes: “Air power has been developed to a point where its responsibilities are equal to those of land and sea power... Parity for air power can be achieved in one department or in three, but not in two.”

Although the navy initially opposed a three-department military, fearing its needs would be lost if there were only one department, it joined the fight for a separate army, navy, and air force. The navy would still maintain its own Bureau of Aeronautics.

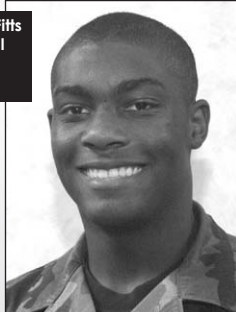
The resulting legislation was the National Security Act of 1947, which established the Department of Defense, with three branches: the Army, Navy and Air Force. Truman signed the bill while on the presidential airplane, a C-54 named Sacred Cow, and on September 18, 1947, Stuart Symington was sworn in as the first Secretary of the Air Force and Carl A. Spaatz became the first Air Force Chief of Staff.

(Editor's note: These were the beginnings of the notable history of the United States Air Force. All are invited to join Columbus AFB in paying tribute to the United States Air Force's history at the Air Force Ball Sept. 22 at the Trotter Convention Center in downtown Columbus Sept. 22.)

On the Street

What was your first Air Force lesson?

Airman Jamil Fitts
14th Medical Operations Squadron



“Everyone's job flows together. One person can't finish the job without the help of someone else doing their job.”

Master Sgt. Jamey Coleman
14th Mission Support Squadron



“Do the right thing and never take shortcuts.”

Staff Sgt. Jesus Espinoza Ogarcia
14th Medical Operations Squadron



“In basic training, I learned that you can achieve more when you work together than when you work individually.”

Capt. Alister Dopp
37th Flying Training Squadron



“In the beginning, everything is taken away from you and is slowly given back. It taught me to appreciate the little things in life.”

Summer programs provide recreational family fun

Champagne brunch: The Columbus Club offers an all-ranks brunch from 10:30 a.m. to 1:30 p.m. Sunday. Cost is \$9.95 for members and \$12.95 for non-members. Cost for ages 6 to 12 is \$5 for members and \$7 for nonmembers. Ages 5 and younger eat for free. Call Ext. 2490 for more information.

Crafts classes: The arts and crafts center’s upcoming crafts classes feature seasonal projects. Adult classes are at 10:30 a.m., 2:30 p.m. and 6:30 p.m. Tuesdays. Upcoming classes include how to make clay saucer coasters, floral book marks, a mosaic votive holder, a welcome sign for the gate or garden area, or a stars and strips planter.

The youth classes are offered Wednesdays at 11:30 a.m., 2:30 p.m. and 4:30 p.m. Upcoming classes include how to make a travel tic tac toe, decorative chalk board, placemats, brick bookends, bug clips for chips, puzzle people pins or magnets or a miniature bird bath.

A display of all projects is available in the arts and crafts lobby. Participants must register at least four days prior to the class date. Call Ext. 7836 for more information.

Instructors needed: The youth center needs piano, ballet, tennis and guitar instructors. Instructors set their own schedule and rates. The youth center provides a place for the classes and helps promote their programs. For more information, call Ext. 2504.

Youth science camp: The youth center offers this camp for ages 7 to 12 from 9 a.m. to noon July 24 to July 28. Campers will have an opportunity to experience science through fun and exciting activities. Camp is free; however, spaces are limited and registration is based on first come, first served. Call Ext. 2504 for more information.

Collection Expo: The youth center invites all collectors, ages 9 to 18, to share their trading cards, rocks, stamps, stuffed animals and other collections at the Collection Expo from 2 to 4 p.m. July 29. For more information, call Ext. 2504.

Summer day camp: The youth center offers this program for youth who have completed kindergarten through sixth grades. Camp is offered from 7 a.m. to 6 p.m. Monday through Friday. Cost is based on total family income. Activities

Join the Force



Nick Roos, bowling center manager, gives ROTC Cadet Grete Lenz a “Strike Force” punch card for bowling at the bowling center. Customers receive a “punch” for every game bowled and large soda purchased at the bowling center. Once the punch card is filled, it becomes an entry in the “Strike Force” drawing held each month. The last \$500 drawing date is July 31 for those who have completed a blue “Strike Force” punch card. For more information, call Ext. 2426.

Pam Wickham

include swimming, field trips, arts and crafts, sports and more. Call Ext. 2504 for more information.

Bowling center special: The bowling center offers 50-cent bowling all day Monday, Tuesday and Wednesday during the summer. Patrons who purchase a combo meal from 11 a.m. to 2 p.m. can bowl for 50 cents a game with free shoe rental. Call Ext. 2426.

Oil change special: The auto hobby shop offers an oil change and tire rotation for \$26. Customers can add a tire balance for a total of \$40. Call Ext. 7842 for an appointment.

Florida golf trip: The information, ticket and travel office offers a trip to Ft.

Walton Beach, Fla, Sept. 22 to Sept. 24 for a weekend of golf. Cost is \$165 for Whispering Pines annual greens fee card holders and \$180 for nonmembers. Cost includes transportation, two nights lodging and two rounds of golf at Eglin AFB. The bus will depart at 10 a.m. Friday and return late Sunday afternoon. A non-refundable 50-percent deposit is required when registering. For more information, call Ext. 7861.

Saints football trips: The information, ticket and travel office offers one and two night trips to all New Orleans Saints home games. Cost is based on double occupancy and includes transportation, shuttle service, game ticket and accommodations. One night trips are \$125 per person and two night trips are

\$175 per person. Upcoming one night trips are Sept. 25 against the Atlanta Falcons, Oct. 8 against the Tampa Bay Buccaneers, Oct. 15 against the Philadelphia Eagles, Oct. 29 against the Baltimore Ravens, Dec. 3 against the San Francisco 49ers, and Dec. 17 against the Washington Redskins. The two night trips are Nov. 19 against the Cincinnati Bengals and Dec. 31 against the Carolina Panthers. For more information, call Ext. 7861.

White Water Rafting trip: The outdoor adventure program offers this trip Sept. 2 through Sept. 4 on the Ocoee River. Cost is \$115 per person and includes transportation, river trip, two nights lodging and two meals. Call Ext. 7861.

Chapel Schedule

Catholic

Sunday:
8:15 to 8:45 a.m. — Confessions
9:15 a.m. — Mass
4:30 to 5 p.m. — Confessions
5:30 p.m. — SUPT Mass
Monday through Thursday:
11:30 a.m. — Mass
Thursday:
6 p.m. — Choir practice

Protestant

Sunday:
9 a.m. — Sunday School
10:45 a.m. — Traditional worship service at the chapel with a fellowship luncheon every fourth Sunday of the month
Thursday:
5:30 p.m. — Choir practice

For more information on Bible studies and other programs, call the chapel at Ext. 2500.

Base Notes

Basic RAD course

The Sexual Assault Response Coordinator hosts a Basic Rape Aggression and Defense Program from 6 to 9 p.m. July 18, July 20, July 25 and July 27 at the Columbus AFB Youth Center gym. The Basic RAD course is the first in multiple blocks of self-defense training taught by the Mississippi University of Women Police Department. Cost is a one-time fee of \$10 per person and includes all material and instruction. Once paid, this fee allows a person to attend any future RAD course world-wide for free. The course is open to all females, and participants must at least be enrolled in the sixth grade. Any children under 17 years old must be accompanied by an adult. Registration is required by Monday. Call Ext. 1130 or Ext. 2875.

Legal Office hours change

The Columbus AFB Legal Office legal assistance hours have changed. Appointments are available from 10 to 11 a.m. Tuesdays and 1 to 3 p.m. Thursdays. Limited appointments for wills only are available from 10 to 11 a.m. Wednesdays and 9 to 10 a.m. Fridays. Notary hours are Mon/Wed/Fri from 9 to 11 a.m. Monday, Wednesday and Friday, and 1 to 4 p.m. Tuesday and Thursday. Claims will continue to be handled on an appointment basis

and can be scheduled at Ext. 7031. For more information or to schedule a legal assistance appointment, call Ext. 7030.

9-1-1

The only number BLAZE TEAM members should use to make emergency calls is 9-1-1. When dialing 9-1-1 from base phones and cell phones, callers should make sure to state their exact location. By following these instructions, all emergency calls will be forwarded to the Columbus AFB Fire and Emergency services E-911 center. Columbus AFB Fire and Emergency Services maintains two dedicated E-911 lines to handle emergency responses.

CMSD registration

On-base residents with children attending the Columbus Municipal School District for the 2006-2007 school year can register their children from 4:30 to 6:30 p.m. July 24 at the Services Community Center. Families must have one proof of on-base housing residency upon registering. If new to the district, they must also bring a Mississippi Immunization Compliance Form (from the 14th Medical Group), a certified birth certificate and previous school records.

Children in kindergarten through fourth grades must have participated in the lottery and have an assigned seat. Those who have not participated in the lottery must report to Brandon Central Services Center located at 2630 McArthur Drive (next to K-Mart) to apply for a seat.

Children in fifth through twelfth grades must be new students or previously enrolled in the CMSD.

New students in seventh through twelfth grades must visit their gaining school upon arrival to Columbus to select a course schedule prior to registering, if possible. For more information, call 241-7400.

14th SFS CoC

Maj. Shannon Smith will relinquish command of the 14th Security Forces Squadron to Maj. Russell Stilling at 9 a.m. July 24 at the Columbus Club.

Family Support Center

(Editor's note: All activities are offered at the Family Support Center unless otherwise specified. For more information about any of the activities listed, call Ext. 2790.)

Give Parents a Break

This free childcare is available from 9 a.m. to 3 p.m. Saturday. The Air Force



Tech. Sgt. John Cumper
Senior Airman Melissa Laclair, deployed from the 14th Medical Operations Squadron, helps unload humanitarian supplies at the Afghanistan National Police Station in the Parandae District Saturday. Airman Laclair is assigned to the Panjshir Provincial Reconstruction Team. The team, with help from the Army's 405th Civil Affairs Battalion, delivered more than three tons of food to 240 families, who are beginning to run out of food from last year's harvest.

Aid Society sponsors this program for active-duty Air Force families who are experiencing unique stresses such as deployments, remote tours of duty and extended working hours.

Families must be referred by one of the following: squadron commander or first sergeant, chaplain, doctor or medical professional, or personnel from family advocacy, the Family Support Center or child development center. For more information, call the FSC at Ext. 2790.

Free computer workshops

The Family Support Center and East Mississippi Community College Work Force Development offer free computer workshops starting Monday. These programs are offered at no cost to active duty, retirees, family members or contractors. If the base network control center offers the same workshop, active-duty members must attend the NCC workshop.

Microsoft Word is from 8 to 10 a.m. and Microsoft Excel is from 10:30 a.m. to 12:30 p.m. Monday through Aug. 9. Introduction to Computers is from 2 to

4 p.m. and Microsoft PowerPoint is from 4:30 to 6:30 p.m. Aug. 14 through Aug. 30. All workshops meet Monday and Wednesday for three weeks. Seating is limited. To register or for more information, call Ext. 2790.

Local employment

A workshop about employment opportunities with local businesses, the 14th Services Division and government applications is at 1 p.m. every Wednesday. Resumes and other job applications will also be discussed.

Stress management

A hypertension class on the DASH diet, exercise, medications and stress management is from 9 to 10 .m. July 19 at the Health and Wellness Center. For more information, call Ext. 2477.

Coping w/difficult people

A workshop on how to cope with difficult people in the workplace is from 9 to 11 a.m. Wednesday.

Christmas in July: This free exhibit of local needle artists' work features a holiday theme today and Saturday at 2115 University Boulevard in Tuscaloosa, Ala. For more information, call (205) 758-0108.

Neil Young, Heart of Gold: Now through Thursday, the Arts Council's Cinema Nouveau film series presents this film weeknights and Saturday at 7:30 p.m.; and at 2 p.m. Sunday at the Bama Theatre in Tuscaloosa, Ala. For more information, call (205) 758-5195.

Circus: The Ringling Brothers Barnum & Bailey circus is July 21 through July 23 at Humphrey Coliseum at the Mississippi State University Campus in Starkville, Miss. The event features an all-access preshow party available to ticket holders at no extra charge. Participants will have the opportunity to mingle with performers, learn about the animals from experts, receive autographs and even watch an elephant paint.

Discounted performances are at 11 a.m., 3 p.m. and 7 p.m. July 22; and at 2 p.m. July 23. Tickets are \$29 for VIP

floor seats, \$19 for first price level and \$14 for second price level. Military personnel and their family members receive a \$5 discount. Tickets can be purchased in person from 8:30 a.m. to 4:30 p.m. at the Mississippi State Athletic Ticket Office in Bryan Building on Lakeview Road (adjacent to the Humphrey Coliseum).

Tickets are issued for the best available seats at the time of purchase, on a first come-first served basis. Discounts are not available on VIP floor seats and cannot be combined. Children who have reached their second birthday require a ticket. Full price tickets are available at the Humphrey Coliseum or www.ticketweb.com. Tickets can be purchased the day of the show at the Humphrey Coliseum Gameday ticket office. For group discount information, call Dixieland Group Tickets at (888) 770-1876 or e-mail dixiegroups@bellsouth.net. For more information, visit www.ringling.com.

Choctaw Indian Fair: Enjoy Choctaw culture and spirit through tribal arts, crafts, dances and World Championship stickball today and Saturday in Choctaw, Miss. For more

information, call (601) 652-5251 or visit www.choctawindianfair.com.

Bernheimer House Murder Mystery Dinner: This event features a different mystery each month and is available to groups in Port Gibson, Miss. For more information, call (601) 437-2843 or visit www.bernheimerhouse.com.

Fan Drive: People can donate new fans to Helping Hands from 8:30 a.m. to 3:30 p.m. Monday through Friday at 215 Fourth Street North to families and individuals in need this summer. For safety purposes, please only donate new fans.

High school exchange program: The Cultural Academic Exchange, Inc. seeks families in the Golden Triangle area to host high school foreign exchange students. For more information, contact the Columbus Community Volunteer Center at 327-0807 or e-mail volunteercenter@cableone.net.

BARGAIN LINE

Bargain Line advertisement

The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees.

Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue.

Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads.

Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.

Type of advertisement (circle one) Home Transportation Miscellaneous Yard sales Pets

Print advertisement _____

Name _____

Home Telephone # _____ Duty Telephone # _____
(in case we need more information)

Please let us know what you think of the Silver Wings:

Are you happy with the Silver Wings? Yes ☐ No ☐

What would you like to see more of in the newspaper? News ☐ Sports ☐ Photos ☐ Other _____

If you would like to give any other suggestions, please e-mail us at silverwings@columbus.af.mil.

Sunscreen: The burning facts

Ellen Edmonds
14th Medical Operations Squadron

Skin cancer is the most common cancer in the United States. It affects more than 600,000 individuals annually. According to the American Academy of Dermatology, one person dies from malignant melanoma every hour.

People at high risk of getting melanoma are those who frequently have sunburns, red or blond hair, blue eyes, family history of melanoma and fair skin.

A frequent misconception is that a tanned body is a healthy body; this is not exactly correct. Tanning occurs when the sun's ultraviolet rays penetrate the skin's inner layer causing the skin to produce more melanin as a response to injury. Therefore, tanning does not help prevent skin cancer.

One of the best protectors against skin cancer and aging is sunscreen. Sunscreen should be applied daily, 30 minutes before going outdoors. One ounce, enough to fill a shot glass, is considered the amount needed to cover the exposed areas of the body properly.

What does the SPF mean on sunscreen?

The Sun Protection Factor displayed on the sunscreen label ranges from 2 to 50. It reflects the product's screening ability for UVB rays. For example, if you use a sunscreen with an SPF 15, you can be in the sun 15 minutes longer that you can without sunscreen before burning.

How should I select a sunscreen?

The sunscreen should be at least SPF 20-30 for most skin types. Using a cream, oil, or lotion is a personal choice, but keep in mind that gel sunscreens tend to sweat off. Therefore, it needs to be reapplied more frequently.

Choose a "broad-spectrum" sunscreen that protects against ultraviolet B and ultraviolet A rays. Look for the

ingredient PABA, or para-aminobenzoic acid, in the sunscreen you buy. PABA is a UVB protecting agent. Also, look for UVA protecting agents such as oxybensone, sulisobenzone, and Parson 1789.

Is there a difference between "waterproof" and "water-resistant"?

The FDA considers a product "water-resistant" if it maintains its SPF level after 40 minutes of water exposure. A product is considered "waterproof" if it maintains its SPF level following 80 minutes of exposure.

Can I use the sunscreen I bought last summer, or do I need to purchase a new bottle each year? Does it lose strength?

Check the expiration date. If there is not one, the FDA requires that all sunscreens be stable and at their original strength for at least 3 years. However, if you are using the appropriate amount, a bottle of sunscreen should not last you very long.

Adhere to the following steps, recommended by the American Academy of Dermatology, to enjoy the sun safely:

- Apply sunscreen to all exposed skin.
- Wear a hat
- Cover up
- Wear Sunglasses that block 99 to 100 percent of UV radiation
- Seek shade when appropriate; remember that the sun's rays are strongest between 10 a.m. and 4 p.m.
- Use extra caution near water, snow and sand as they reflect the rays of the sun
- Avoid tanning beds
- Watch for the UV Index

For questions or more information, call the Health and Wellness Center at Ext. 2235.



Senior Airman Cecilia Rodríguez

Kaitlyn Harding, 11, helps five-year-old Ashlyn Soechting apply sun screen before playing outside Tuesday. People who frequently have sunburns, red or blond hair, blue eyes, fair skin and a family history of melanoma are at high risk of getting skin cancer.

Sports Shorts

British Open Pick

The next pick tournament is the British Open Pick July 22 and July 23. Participants must pick their pro by 9 a.m. July 22. Golfers can pick a pro competing in the British Open, and match the player's score with their's (including handicap), and the lowest net score wins. Entry is \$10 plus greens fees. Call Ext. 7932 for more information.

Thursday Scrambles new time

Whispering Pines Golf Course offers these weekly scrambles at 5:30 p.m., but golfers must register by 4 p.m. to participate. Entry is \$5 per person plus greens fees. All levels of golfers are invited to attend this nine-hole tournament every Thursday. For more information, call Ext. 7932.

Fall soccer and flag football

Parents can register their children for these sports now through Aug. 18 at the youth center. Cost is \$30 per child. The seasons end Oct. 21. Coaches are always needed. For more informa-

tion, call the youth center at Ext. 2504.

Swimming Lessons

Ages 3 to 18 can learn to swim during a two week program for the cost of \$40. Classes will be July 19 to July 30 and July 24 to Aug. 4 Mondays through Thursdays with make-up classes on Fridays. Class is from 8 to 8:30 a.m. for beginners, 8:30 to 9 a.m. for intermediate swimmers and 9 to 9:30 a.m. for advanced swimmers. Call Ext. 7861 for more information.

Par 3 golf tournament

The Whispering Pines golf course offers this tournament at 8 a.m. July 29. The course will be designed so that each hole is a par 3. The lowest net score wins. Entry is \$15 plus greens fees. Registration is required by 3 p.m. July 28. Call Ext. 7932.

Flag football officials

People interested in officiating the intramural flag football season must attend a certification/re-certification clinic for the upcoming 2006 season. For more information or to sign up, call 364-0414.

Amazing Race Team Standings

(as of Wednesday)

One More Mile	410.15	Brain Drain	120.4425
Dyncorp 1/2 Dozen		The Lactic Addicts	119.3917
	329.8858	Alley Cats	114.2917
Screamin Racers	89.9967	Mamajammas	78.875
What Chicken	266.15	Cardio Attack	66.535
Mad Hatters	234.5525	MisFits	49.75
Runs with Scissors	219.6458	Team Whatever	47.875
Wing Machines	212.64	Med Log 2	46.95
Charlie's Angels	204.5425	Munch Bunch	45.105
The Super Spouses	202.125	True GRITS	42.875
Dyna 1	181.6325	Team TOPA	32.7
Anti Super Spouses	54.8092	Team Logistics (MDG)	
Are We There Yet	147.6775		30.4625
Faith Steppers	147.47	TrailBLAZers	30.02
Team APU	126.725	CE Road Runners	19.5125
True Warriors	121.8775	Drillers	12.25